



## **AURORA WELLBEING CENTRE BASSETLAW**

### **Good News –**

**(At the time of going to print) The Aurora Centre, your local cancer charity in the Old Library Building, Worksop has the following services available in the Centre. We have opened these services in line with government guidelines and social distancing rules. We are very fortunate to have a large building in which to utilise the space so that our volunteers and customers can feel safe and confident that government guidelines on social distancing are being strictly adhered to.**

### **AURORA SERVICES**

**These have been trying times for all of us but particularly for those who have had the added worry and stress of being diagnosed with cancer or having treatment during this period.**

Aurora continues to offer telephone-based support and services to people and their families affected by cancer or long term health conditions. Every day our advisors speak to people who are living with cancer, newly diagnosed or struggling to move forward with life after treatment, and for many, they face additional difficulties due to the coronavirus outbreak. Right now, it is our priority to stay in touch with clients, volunteers and many friends of the charity. We are continuing to offer support and a friendly listening ear to anyone who may be struggling with feelings of anxiety, loneliness or depression and encourage you to chat about your concerns and contact us:

**via telephone Mon-Fri, 10am - 4pm, 01909 470985.**

Aurora is continuing to offer a range of support services whilst the centre remains closed, and we continue to share information and advice and arrange counselling and bereavement support. Our support groups have moved online, along with Aurora courses and exercise classes. Anyone interested is encouraged to get in touch or to subscribe to our newsletter to keep up to date. Visit [www.aurorawellbeing.org.uk/worksop](http://www.aurorawellbeing.org.uk/worksop) and click on the link.

### **PRE-LOVED CHARITY SHOP**

Our Pre-loved Charity Shop is now open Monday to Friday 10am – 2pm. We have a fantastic selection of good quality clothes, children's toys and a second hand book collection selling books at very reasonable prices for you to browse. Our volunteers have been busy making hand-crafted quality re-usable facemasks, which are washable and have an internal breathable filter material and these are available to buy or order from our shop. We welcome donations but are unable to accept electrical items or large items of furniture unfortunately.

### **VALERIE'S TEAROOMS**

Again, at the time of going to print, we are currently operating a take away service from our much loved Valerie's Tearooms and welcome old and new friends to come and take away a hot drink, slice of cake or light refreshments, we also have a competitive Meal Deal on offer. We are lucky to be situated in the delightful Memorial Gardens come along enjoy the gardens and visit the Aurora Centre.

## **BEAUTY THERAPY**

From the beginning of August we will be able to offer a limited range of beauty treatments and welcome back our loyal clients and new clients too. Initially we will be able to offer nail treatments, manicures, pedicures and back massages adhering to strict government guidelines and using all necessary PPE. For further information, prices or to make a booking please phone 01909 470985.

The rest of Aurora's facilities in the centre will be monitored closely and will become available when it is safe to do so.

## **HERITAGE AND HEALTH PROJECT**

The centre might have been closed during this period but we have been busy working behind the scenes to move forward on this fantastic project. The Old Library Building is set to be transformed to its former glory thanks to a £1.56M Heritage Fund grant. Aurora have been successful with an application to The National Lottery Heritage Fund and we will begin work very soon on an ambitious plan to regenerate this key historic Grade II listed building.

The project will create a dedicated heritage area at the centre, including physical displays and an innovative virtual museum to tell the story of the Old Library and Museum throughout the decades. Aurora's aim is to engage people living with cancer and their families with heritage to support their wellbeing. This includes an innovative new activities programme, giving people an opportunity to connect with the history of Worksop. Keep up to date with the latest activities, visit <https://www.aurorawellbeing.org.uk/worksop/heritage-health/>

## **SUPPORT LOCAL**

If you would like to donate to Aurora to support local people in Bassetlaw diagnosed with cancer, please follow the link <https://localgiving.org/charity/aurorawellbeingcentres/>

**Aurora would like to thank all of our volunteers and the local community for their continued support.**

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Telephone service is open Monday to Friday, 10.00am to 4.00pm

CALL 01909 470985 or email [admin@aurorawellbeing.org.uk](mailto:admin@aurorawellbeing.org.uk)

TWITTER @AuroraCentres

FACEBOOK @AuroraWellbeingCentreBassetlaw

WEBSITE & NEWSLETTER [www.aurorawellbeing.org.uk/worksop](http://www.aurorawellbeing.org.uk/worksop)

FIND US The Old Library Building, Memorial Avenue, Worksop, S80 2BJ