



# **LINCS & NOTTS**

# **AIR AMBULANCE**

## **SAVING LIVES EVERYDAY**

### **Former patients invited to help Lincs & Notts Air Ambulance celebrate 30<sup>th</sup> birthday**

People treated by Lincs & Notts Air Ambulance (LNAA) are being invited to get in touch and help celebrate its 30<sup>th</sup> anniversary.

LNAA first became operational in May 1994 and since then has responded to over 28,500 missions. Its pilots, doctors and paramedics provide the very best pre-hospital emergency care possible to some of the most seriously ill and injured people in Lincolnshire & Nottinghamshire.

To mark 30 years, the charity is encouraging former patients or their families to get in touch and share their stories.

LNAA's Patient Liaison Manager, Hayley Burton explained: "We have treated thousands of patients, and they are at the heart of everything we do. It is wonderful when former patients allow us to share their stories as they highlight how vital our life-saving service is within our local communities, whilst recognising the amazing work of our crew who respond, in average, to four potentially life-saving missions daily."

Ruth has every reason to be grateful to LNAA. In the space of just 3 years, she has been airlifted to hospital twice after sustaining serious injuries from horse-riding accidents.

In June 2009, Ruth was jumping her horse in a field at her home near Grantham, Lincolnshire. When she was walking to leave the field, the horse reared and lost balance. Ruth was knocked over and her horse landed directly on top of her, breaking her pelvis in four places.

In October 2011, Ruth was riding in the very same field when she was thrown again, resulting in a broken leg.

Both times, the Lincs & Notts Air Ambulance was called, and the doctor/paramedic teams treated her before deciding the quickest and safest option to transport her to Lincoln County Hospital was by air ambulance. Reaching up to speeds of 160mph, she arrived in a matter of minutes and was transferred into the care of waiting clinicians.

Ruth said: "The difference that the Air Ambulance makes when you have a serious injury and are in pain is outstanding!"

The team at [Lincs & Notts Air Ambulance](http://Lincs & Notts Air Ambulance) are wanting to share stories spanning every year of the charity's existence during its 30th Anniversary year. If you or a loved one has ever needed the services of LNAA and would like to share your story, they would love to hear from you at: [media@ambucopter.org.uk](mailto:media@ambucopter.org.uk)