

workingwin

the health led
employment trial

Bassetlaw District

#BetterinBassetlaw

BUILDING LINKS

Recently, Working Win has worked on building more links with local employers. We have delivered Mental Health Awareness Training to G4S supporting employees and offering regular drop-in's to see how we can help. We are also planning to work closely with Bassetlaw council to help raise mental health awareness in the workplace. We are working closely with Barnsley Premier Leisure in the Bassetlaw region to ensure our service is accessible in many different locations and environments. For more information on our employment offer visit www.workingwin.com



Dianne, employment specialist at Working Win Bassetlaw

NHS ROLLS OUT IPS SUPPORT

Great news - IPS (Individual placement support) is being rolled out to 28 new local NHS areas in the country. Access is expected to be doubled to 20,000 people per year by 2020 as part of the NHS long term plan. The plan is set to save £6000 per individual on healthcare costs.



'Those in work tend to be in better health, visit their GP less and are less likely to need hospital treatment' - Claire Murdoch, NHS England

Q&A WITH VICKY O'DONOGHUE

Referring to Working Win is easy:

- Make a referral **online**. It is quick and easy:
<https://www.workingwinreferrals.co.uk> or click [here](#)
- Call 0114 2900 218
- Speak with a **Work & Enterprise Coach** at your site

So what does a Working Win Health and Well-being Coach do exactly?

My time is split between supporting employers with well-being practices and working with customers on a one-to-one basis. Our objective is to encourage positive conversations around mental & physical health that enables employees to thrive at work and reduce long term sickness absence

What do you mean by strengths based?

Being strengths based means enabling people to reconnect with their own sense of value and helps them to build new meaning and purpose. As a coach I used solution focused approaches to facilitate a customer's journey such as Cognitive Behavioural Therapy, Motivational Interviewing, mindfulness and shared decision making.

What do you hope to achieve?

All Working Win customers receive up to 12 months of support with access to a health and well-being coach like me where needed. We want all organisations to become well being friendly and for employees across our area to thrive at work.

BetterInBassetlaw

414 Randomisation's completed since programme start

110 successful outcomes

35 people into new jobs

29 people supported to stay in work

14 people supported to return to work

Here's what our customers are saying...

"To you who may read this no matter your age, it's not always an easy journey, it can seem pointless and very frustrating but keep in mind that with Working Win there will be a caring voice and face to assist you along the way to finding work and beyond."

"Today I went to Sheffield on the train with the help of my job coach! She was there to assess how I would manage, and it turns out it's doable for me! Thanks so much to Working Win for introducing me to the trains!"

"If I hadn't signed up for this programme, I know I would still be feeling down, lacking in confidence and putting up barriers. I am looking forward to starting my new role"

3000+ people on Working Win so far!